

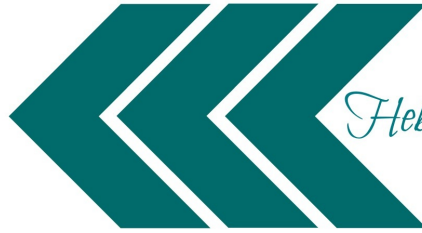
Get Moving!

Your body is a Temple

1 Corinthians 6:19

Proverbs 31:17 Make your arms strong

Run your race with
perseverance



Hebrews 12:1

Compete for an *incorruptible*
crown.

1 Corinthians 9:25

Walk in love

Ephesians 5:2